

**Florida**

**Brief Intervention and Treatment for  
Elders (BRITE)**

**Program Directory**



**An SBIRT Project funded by  
the US Substance Abuse and Mental Health Services Administration (SAMHSA)  
Center for Substance Abuse Treatment (CSAT)  
Grant #T118306**

## **BRITE Mission**

The mission of the Brief Intervention and Treatment for Elders (BRITE) project is to serve individuals 55 years and older to identify non-dependent substance use or prescription medication issues and to provide effective service strategies prior to their need for more extensive or specialized substance abuse treatment.

## **BRITE Vision**

Our vision is that BRITE will be incorporated into primary care settings, hospital emergency rooms, trauma centers, and other community and aging services settings as a comprehensive, integrated, sustainable public health approach to the delivery of services for older adults who are at risk of developing substance use disorders.

## Florida SBIRT Profile

### Program Description

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT), has awarded the Florida Department of Children and Families \$2.8 million per year for 5 years to implement a substance abuse screening and intervention program for older adults by partnering with specialist and generalist providers who come into contact with individuals age 55 and older who are at risk for or experiencing substance abuse problems. Older adults are screened and provided brief interventions and/or brief treatment in settings such as primary and emergency health care and trauma centers, senior nutrition programs, public health clinics, and other aging services systems. Implementation of the SBIRT model broadened the base of an existing, evidence-based pilot program of brief interventions that specifically targeted older adults.

### Program Model

#### Screening

A six-question pre-screen questionnaire is administered to identify potential clients for appropriateness and eligibility for services. If indicated by the pre-screen, program staff uses the Alcohol, Smoking, and Substance Involvement Screening Test (ASSIST) and the Short Geriatric Depression Scale (SGDS) for screening.

Individuals who screen positive for substance-use related problems are invited to participate in either brief intervention or brief treatment, with the choice based on the client's characteristics and needs and the BRITE counselor's judgment.

#### Brief Intervention

Program staff conduct short-term intervention (one to five sessions) based on the *Health Promotion Workbook*, published in SAMHSA TIP #26 and TIP #34. Sessions focus on reducing risk factors generally associated with the progression of substance use disorders.

#### Brief Treatment

Brief treatment consists of one to seven sessions and is directed toward helping a client resolve or manage a specific substance use issue. It is solution-focused and goal-oriented; concentrates on here-and-now issues; and follows the SAMHSA curriculum, Substance Abuse Relapse Prevention for Older Adults.

#### Referral

Program staff may refer clients for specialized treatment services (outpatient or intensive outpatient only) at any point in the continuum of screening, brief intervention, or brief treatment services. Upon referral, the client will then receive an assessment, and placement.

Continued ...

## **Florida SBIRT Profile continued**

### **Service Features**

Expands on the original BRITE pilot project.

Implements services in conjunction with primary care, emergency services, and the publicly funded aging services' systems.

Identifies and serves older adults considered at risk for or demonstrating problems with medication misuse, alcohol or other illicit drug use, and depression. In the absence of substance misuse, individuals needing treatment for depression are referred to the appropriate MH services.

Supports linkages to aging services and in-home services to the extent possible to maintain the independence of those being served.

Enables long-term management support (case management and recovery support systems).

Has English/Hispanic bi-lingual staff and program materials (Haitian/Creole will be added).

### **BRITE Collaborative Partners**

- Executive Office of the Governor
- Florida Office of Drug Control
- Florida Department of Children and Families
- University of South Florida, Louis de la Parte Florida Mental Health Institute
- AARP—Florida
- Area agencies on aging
- Florida Agency for Health Care Administration
- Florida Department of Health
- Florida Academy of Family Physicians
- Florida College of Emergency Physicians
- Florida Medical Association
- Geriatrics Society
- Florida Department of Elder Affairs
- Florida Hospital Association
- University of Miami Veterans Administration

## **BRITE Providers**

Broward County Elderly and Veterans Services  
Ft. Lauderdale

Catholic Charities of the Archdiocese of Miami  
Miami

Center for Drug Free Living  
Orlando

Centre for Women  
Tampa area

Charlotte Behavioral Health Care  
Ft. Myers

Coastal Behavioral Health Care  
Tampa area

Drug Abuse Comprehensive Coordinating Office (DACCO)  
Tampa area

Gulf Coast Jewish Family Services  
St. Petersburg

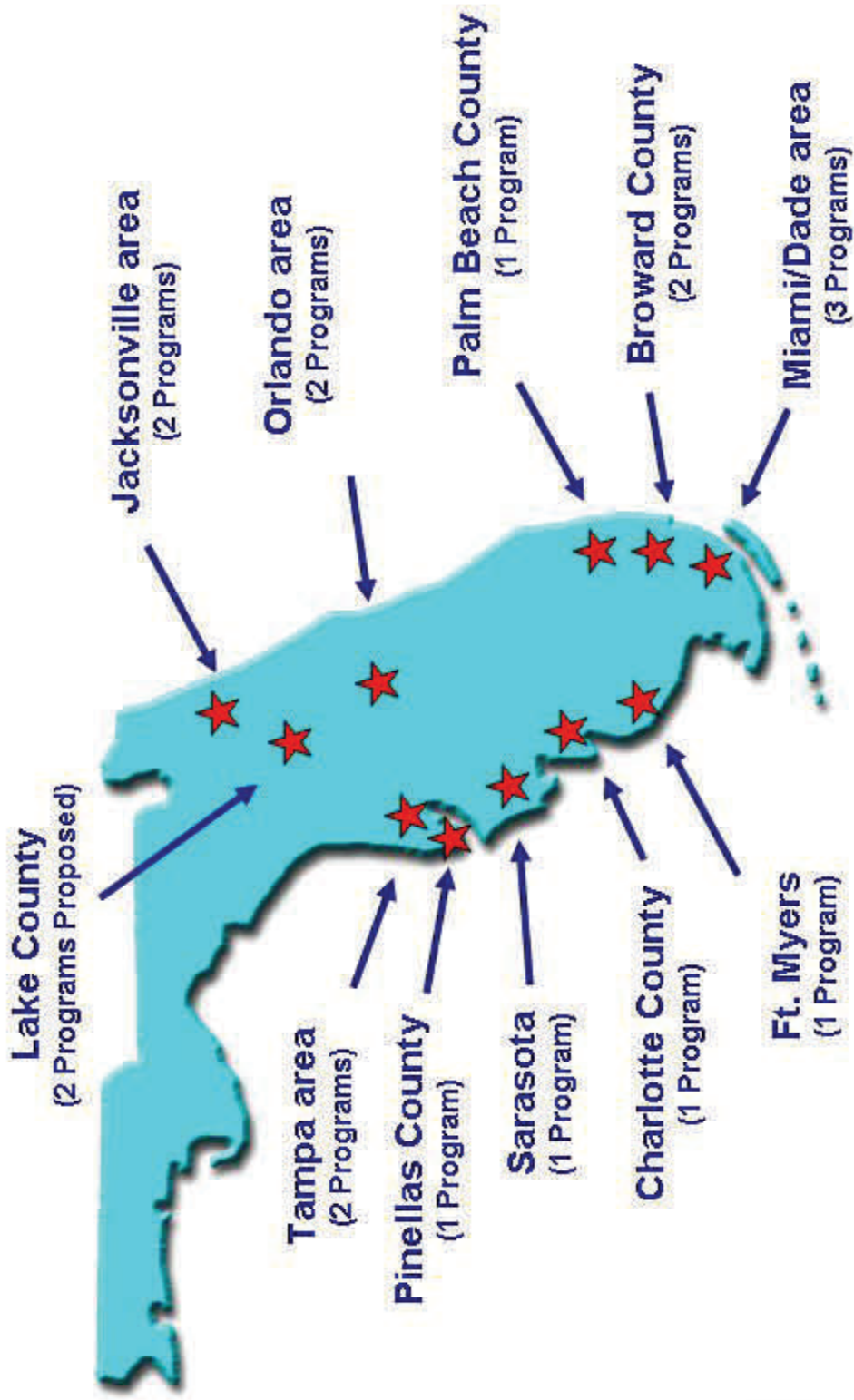
His Great Commission  
Palm Beach

Jackson Memorial Hospital / Jackson North  
Miami

Southwest Florida Addiction Services (SWFAS)  
Ft. Myers

Urban Jacksonville  
Jacksonville

# BRITE Program Locations





# **BRITE Program Summaries**

## **Broward County Elderly and Veteran's Division \***

Provider: Broward County Elderly and Veterans Division

Address: 2995 North Dixie Hwy, Fort Lauderdale, Florida 33334

Contact: Raul Gordillo, PsyD.

Phone: 954-537-2936 Fax: 954-537-2863

Email: rgordillo@broward.org

Website: N/A

Service Counties: Broward

Service Setting(s): In-home and Multiple Varying Community Sites

Startup Date: March, 2007

BRITE Program services are available to Broward County residents 55 years of age and older. BRITE staff outreach to the eligible population in multiple community settings as the Division has an established and formalized outreach program designed to identify community locations at which connections can be made with older adults, their caregivers, community gatekeepers and elder care stakeholders. This approach encourages, educates, and engages prospective elders who are identified as at risk for substance misuse.

BRITE Program staff pre-screen all potential service recipients to ensure that they meet program criteria. Ensuring eligibility for the BRITE Program includes a service prioritization process. While the pre-screening process helps to determine general eligibility, through the assessment and assessment scoring, BRITE Program staff ascertain level of risk and service needed. Those persons at the greatest level of risk and/or service needs are prioritized for more immediate and/or intensive intervention, treatment, and/or referral. BRITE Program staff spend the majority of their time engaged in the intervention activities. A substance abuse caseworker is utilized to assist those individuals requiring referrals. BRITE Program interventions are offered to elders in their homes as well as aging, health care and social service community settings throughout Broward County. BRITE staff continuously engages private and public health care systems with the option of an onsite BRITE Program staff member.

The BRITE Program team is comprised of 2 substance abuse specialists and 1 substance abuse caseworker. One substance abuse specialist is fluent in Spanish and the other outreaches to the Haitian community. The substance abuse caseworker fulfills case management functions. The Division's Substance Abuse Program Supervisor manages the team and provides clinical supervision.

\* Indicates original BRITE pilot site



## **Catholic Charities**

Provider: Catholic Charities/ St. Luke's

Address: 7707 NW 2<sup>nd</sup> Avenue Miami, FL 33150

Contact: Janet Nichols Program Administrator

M.S.W. C.A.P.

Phone: 305-815-2760 xt 107 Fax: 305-792-2022

Email: galvarez@ccadm.org

Website: <http://sharepoint/Pages/default.aspx>

Service Counties: Dade

Service Setting(s): Senior Centers

Startup Date: October 2007

Janet Nichols M.S.W., C.A.P., is the St. Luke's program director. She oversees the BRITE program. Gerardo Alvarez, L.C.S.W., Program Coordinator, conducts all assessments and provides all clinical services.

Seniors over the age of 55 are given the BRITE prescreen for alcohol and drug abuse as well as depression. If they meet criteria for the pre-screen they are assessed using the Alcohol, Smoking and Substance Involvement Screening Test (ASSIST) and/or the Short Geriatric Depression Scale (SGDS) depending on the results of the prescreen. Clients are served in the treatment modality that is appropriate according to their scores, willingness to engage in treatment and the clinician's judgement.

## **Center for Drug Free Living \***

Provider: The Center for Drug-Free Living, Inc.

Address: P.O. Box 538350, Orlando FL 32853-8350

Contact: Frank Vande Loo

Phone: 407.245-0045, ext 270 Fax: 407.245-0011

Email: [fvandeloo@cdfdl.com](mailto:fvandeloo@cdfdl.com)

Website: [www.cdfdl.com](http://www.cdfdl.com)

Service Counties: Orange / Seminole/ Osceola

Service Setting(s): Community locations

Startup Date: March (site 1) and August (site 2) 2007

The Center for Drug-Free Living is the recipient of two BRITE grants, each of them serving a different community. Orange and Seminole Counties are the service locations for one of the grants, and Osceola County is the service location for the second grant.

The BRITE services are delivered in wide varieties of community settings, including community centers, nursing homes, assisted living facilities, client homes, and in primary health care settings. The program maintains a strong outreach effort, and all services are delivered off site, in the communities where clients live or receive other services. The staffing pattern for each of the funded services locations includes two Health Educators. The Health Educators are directly supervised by a Program Manager who also delivers direct services to clients. A portion of director's position is also assigned to the project, to assist with partnership development, collaborative agreements, and program oversight and training.

Center for Drug-Free Living staff have formed partnerships with key providers in the community. The staff has maintained an ongoing relationship with the Senior Resource Alliance (Area Agency on Aging) and the Osceola Council on Aging as key partners. Community outreach from previous programming has provided a strong partnership base with many senior service centers, health clinics, nursing homes and assisted living facilities. Several collaborative agreements have been established with health providers.

The primary services of BRITE are screening and assessment, brief interventions and brief treatment, referral for specialized treatment, and case management. The assessment includes a depression screen. Other components of the program include providing community awareness and education, offering training for professionals and establishing collaborative agreements with health care providers.

\* Indicates original BRITE pilot site

## **Centre for Women \***

Provider: Centre for Women

Address: 407 N. Parsons Ave, Suite 104A, Brandon, FL 33510

Contact: Jane Weigl, MA

Phone: 813-571-1684 Fax: 813-657-5638

Email: [Jweigl@cfwtampa.org](mailto:Jweigl@cfwtampa.org)

Website: [www.centreforwomen.org](http://www.centreforwomen.org)

Service Counties: Hillsborough County

Service Setting(s): In-home

Startup Date: July 2007

BRITE services are specially designed to identify and serve people aged 55 and older who may be having problems related to prescriptions, over-the-counter medication, alcohol, illicit drug use, depression, or suicide risk. The program provides wellness education, interactive educational presentations, screening, brief intervention and treatment, support, and referral.

All BRITE services are private, confidential, and are offered at no cost to the person served or his or her family. Services are provided in the consumer's home. If in-home services are unwelcome, other arrangements are available including but not limited to BRITE offices, community centers, or libraries.

Bilingual staff is available for those who speak Spanish.

\* Indicates original BRITE pilot site

## **Charlotte Behavioral Health Care**

Provider: Charlotte Behavioral Health Care, Inc.

Address: 1205 Elizabeth Street, Suite J, Punta Gorda, Fl. 33950

Contact: Laurie Johnson, LCSW, CAP

Phone: 941-505-1012 (office) FAX: 941-505-1014

Email: [ljohnson@cbhcf.org](mailto:ljohnson@cbhcf.org)

Website: [www.ccmhs.org](http://www.ccmhs.org)

Service Counties: Charlotte County

Startup Date: November 2007

Services are delivered in a variety of setting to include: Hospitals, Emergency Rooms, client homes, local Health Department, BRITE Offices, Crisis Stabilization Unit, Council of Aging, Senior Friendship Centers, Homeless Coalition, General Practitioners offices and any other confidential setting within the community.

The Charlotte Behavioral Health Care BRITE Team is staffed with a full time Program Coordinator, Laurie Johnson, LCSW, CAP/Health Care Educator and Advocate; a full time Case Manager/Health Care Liaison, Wendy Ladd B.A.; and a part time Administrative Assistant, Kate Hockensmith. Each of these individuals is available to answer questions that potential participants may have as well as to help schedule appointments and consultations.

Services are available anywhere within the community, however our team focuses on emergency room and various other medical settings in order to help identify immediate and emergent needs for those individuals who need BRITE services. CBHC BRITE also works with a variety of community partners to include the local NAMI Advocacy Group, Council of Aging, various Churches, Health Department, primary care medical facilities, the Homeless Coalition, Veterans Administration, local ½ way houses and others who work with residents age 55 and older who are in need of BRITE services.

## **Coastal Behavioral Health Care \***

Provider: Coastal Behavioral Healthcare, Inc.

Address: 7810 S. Tamiami Tr. Suite A1, Venice, FL 34293

Contact: David A. Clapp, CAP, LMHC

Phone: 941 492-4300 ext. 30 Fax: 941

Email: [dclapp@coastalbh.org](mailto:dclapp@coastalbh.org)

Website: [www.coastalbh.org](http://www.coastalbh.org)

Service Counties: Sarasota

Service Setting(s): All services providing in the community. In-home/On-site

Startup Date: June 2007

Coastal provides BRITE services in the following settings:

- In-Home & On-Site Confidential screening, intervention, and referral from clinicians trained in co-occurring disorders.
- Collaborative partners include Sarasota Memorial Hospital, Senior Friendship Centers, and United Way 211.

\* Indicates original BRITE pilot site

## **DACCO**

Provider: DACCO (Drug Abuse  
Comprehensive Coordinating Office, Inc.)  
Address: 7402 North 56<sup>th</sup>. St., Bldg. 200, Tampa, FL 33617  
Contact: Grace Terry, MSW  
Phone: (813-277-4584) Fax: (813) 987-2899  
Email: [gracet@dacco.org](mailto:gracet@dacco.org)  
Website: [www.dacco.org](http://www.dacco.org)

Service Counties: Hillsborough and east Pasco

Service Setting(s): Offices of collaborative partners (see below) as well as office space provided by community agencies in some areas

Startup Date: September, 2007

The DACCO BRITE project is staffed by two full-time BRITE Specialists (one an MSW and one a BSW) and by a part-time Specialist who is a Licensed Mental Health Counselor and Certified Addiction Professional.

Our collaborative partners, as of January, 2008, are Tampa General Hospital Out-patient Healthpark Clinic, Dr. A.K. Vijapura, Memorial Hospital, and Suncoast Community Health Clinics. Additional memoranda of understanding are pending.

The staff of our collaborative partners pre-screen their patients who are 55 years old or older using the seven question pre-screening questionnaire as directed by BRITE protocol. Patients who screen positive on any one of the seven pre-screening questions are referred for further BRITE services, including comprehensive screening using the ASSIST and GSDS screening instruments, brief intervention services, brief treatment services, and referral to other community agencies – all provided as appropriate for the individual patient's needs.

BRITE/DACCO works with Dr. Amber Gum at the University of South Florida with the "BRITE-D" project to provide more in-depth screening and follow-up services to those BRITE patients who screen positive for depression and negative for substance abuse.

## **Gulf Coast Community Care \***

Provider: Gulf Coast Community Care

Address: 14041 Icot Blvd Clearwater, FL 33760

Contact: Dorothy Chambers RN, MS

Phone: 727 479-1800 x3024 Fax: 727 535-4774

Email: chamberd@gcjfs.org

Website: www.gcjfs.org

Service Counties: Pinellas

Service Setting(s): Community, Client Home

Startup Date: April 2007

Services are delivered in the home of the consumer or in a community setting such as a senior center or health clinic. Currently we are staffed by one full-time and one part-time educator. Existing agency and community resources are utilized for collaborative as well as referral purposes.

We currently have a collaborative agreement with a Health Care Nursing Program who have medical clinics set up in many of the senior housing residences throughout the county. We also partner with Neighborly Senior Service MOW dining sites and the Senior Centers. Efforts are being made to expand into the Health Care System.

When a consumer is screened, we are fortunate to have a vast array of services available within our own agency to meet the client's needs.

\* Indicates original BRITE pilot site

## **His Great Commission**

Provider: His Great Commission  
Address: 613 Northlake Blvd, Palm Beach  
Contact: James Roddy  
Phone: 561 840 2188      Fax: 561 693 2407  
Email: hgceo@comcast.net  
Website: hisgreatcommission.org  
Service Counties: Palm Beach  
Service Setting(s): Mobile unit, Home and clinical  
Startup Date: December 2007

The BRITE Program team is comprised of 2 substance abuse specialists and 1 substance abuse caseworker and 2 Medical physicians, specializing in Drug addition and Detoxification.

We provide BRITE services to Palm Beach county residents who are 55 years of age and older. Our Mobile outreach program is deployed to eligible residents in multiple community settings, such as health fairs, area home visits and scheduled clinical visits throughout Palm Beach County. Our objectives are to provide quality services in: Advocate healthy choices, make available education, and enlighten potential elders who may be at risk or exhibit behaviors that place them at jeopardy for substance abuse.

We make available initial survey screenings that identifies potential recipients that meet the criteria; identifying the potential risks for substances abuse and providing assists.

Help can be a brief educational session or a prescribed number of counseling periods that support the client's desire to change his/her behavior. Those who are identified as having a high level of risk are provided an immediate concentrated intervention, treatment, and/or referral for supplementary treatment.



## **Jackson Memorial/Jackson North**

Provider: Public Health Trust/Jackson Health System

Address: 1695 NW 9 Ave., Suite 2308, Miami, FL 33136

Contact: Lynne Roberts

Phone: (305)355-8034 Fax: 305-355-8235

Email: LRoberts@jhs.miami.org

Website: www.jhsmiami.org

Service Counties: Dade

Service Setting(s): Primary Care Centers, ER

Emergency Rooms – including Mental Health

Startup Date: October 2007

Jackson Health System has a team of four employees dedicated to providing services to seniors under the BRITE program. All have a minimum of a Master's degree in health related fields. At least two are licensed either as an LCSW or an LMHC.

All BRITE staff members are scheduled to go to various primary care centers, the emergency room and mental health facilities that are part of the Jackson Health System, on a weekly basis. This arrangement remains consistent throughout the year.

Once participants are identified after initial screenings at those locations follow-up visits are scheduled either in the primary care setting or, for persons seen in the ER, in various clinician offices.

## **Southwest Florida Addiction Services**

Provider: Southwest Florida Addiction Services, Inc.

Address: 2101 McGregor Blvd., Fort Myers, Florida 33901

Contact: Elizabeth A. Dowd MSW, MPH, BRITE Coordinator

Phone: 239-332-6937, ext. 121 Fax: 239-332-6985

Email: e\_adowd@swfas.org

Website: www.swfas.org

Service Counties: Lee, Hendry, and Glades

Service Setting(s): In-home, at the various SWFAS sites, or at various community sites available through SWFAS collaborations.

Startup Date: November 2007

Southwest Florida Addiction Services, Inc.(SWFAS) is the oldest and largest substance abuse provider in Southwest Florida having served more than 63,000 residents from Lee, Collier, Charlotte, Hendry, and Glades counties. SWFAS' prevention programs provide ongoing education about the impact of alcohol, drugs, and tobacco to all ages.

SWFAS BRITE counselors offer evidence-based screening, brief intervention, treatment, and referral services to people ages 55+ experiencing problems with alcohol, tobacco, prescription and over-the-counter (OTC) medications, or illicit drugs. The BRITE Project partners with many community organizations which include the Lee Memorial Healthcare System, Senior Friendship Centers, United Way 211, Area Agency on Aging Elder referral services, and The Alvin A. Dubin Alzheimer's Association.

## Urban Jacksonville

Provider: Urban Jacksonville, Inc.

Address: 4250 Lakeside Drive, Suite 116, Jacksonville, FL 32210

Contact: Hannah Hackworth, LCSW

Urban Jacksonville BRITE Project Director

Phone: (904) 807-1230 Fax: (904) 807-1220

Email: hhackworth@urbanjax.com

Website: www.urbanjacksonville.com

Service Counties: Duval

Service Setting(s): Community Aging Services (UJI) & Trauma Center (Shands)

Startup Date: September 2007

### **Aging Services Site**

In this project we are partnering with primary care clinics, home health care providers, and other community aging service providers to identify at-risk older adults. Our health care educators provide services in clinics and in the homes of older adults who have been identified through the BRITE prescreening process.

Currently our collaborative partners include: University of Florida Ambulatory Care Clinic, Apex Home Health Care, Jacksonville Housing Authority, Dr. George Family Practice, Home Care Advantage, Senior Perspectives, Veteran's Administration Outpatient Clinic, River City Family Support, Ten Broeck Hospital, and Department of Children & Families Adult Protective Services.

For both projects, we are partnering with Gateway Community Services to provide specialized substance abuse services and we are in the process of establishing a partnership with River Region Human Services.

### **Level 1 Trauma Center Site**

In this project we are partnering with Shands Jacksonville Medical Center, a Level 1 Trauma Center. Our health care educators provide services in the hospital and then follow patients into the community upon their discharge from the hospital.

Our long term goal is for the BRITE Project prescreen tool to be built into the Shands Emergency Department admission process. Currently, our health care educators receive referrals from the hospital social workers and case managers.

We are in the process of developing a partnership with Baptist Health Care Systems, Jacksonville's largest health care system. We are very hopeful about the expansion of this project and the impact it will have on those who will be served.

## **BRITE Project Staff**

### **Vance Burns**

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